

**Reduction of Various Urinary Metabolites of
Tobacco Toxins in Smokers who Switched
from Conventional Light Cigarettes to a
Cigarette with Low Levels of Tobacco-Specific
Nitrosamines and a Modified Filter Tip**

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PREVENTION IS THE BEST CURE

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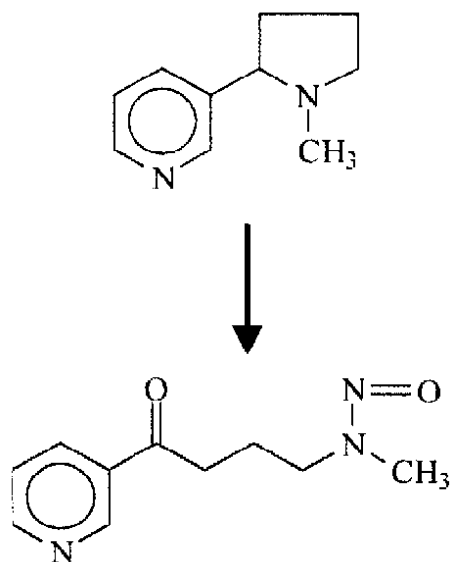
Key Questions

- Does reduction of select toxic constituents in mainstream smoke (MS) influence metabolic activation and detoxification pathways of other classes of carcinogens?
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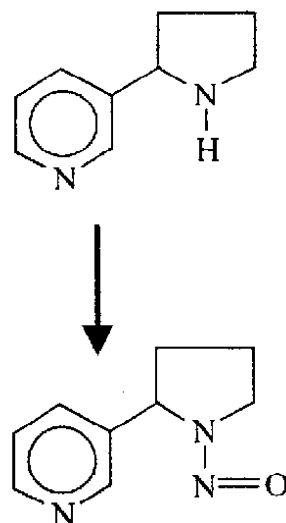
Tobacco Specific Nitrosamines (TSNA)

Nicotine



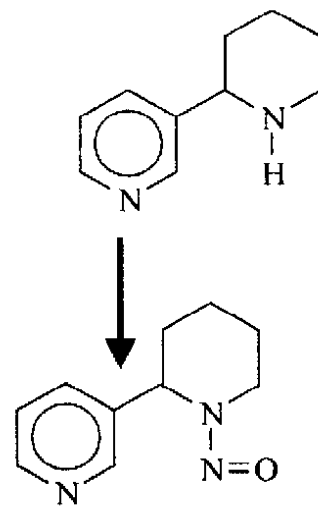
NNK*

Nornicotine



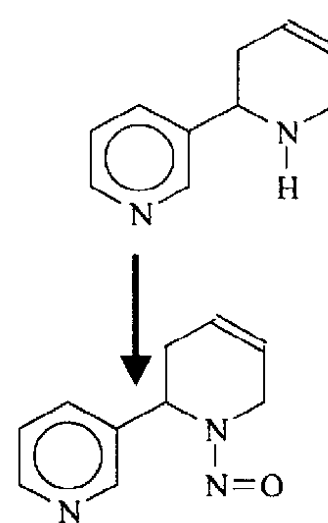
NNN *

Anabasine



NAB

Anatabine



NAT

Reduced levels

in Test Cig.

80%

74%

54%

43%

***Considered Carcinogenic by IARC**

Reduced Levels of Toxic Constituents in Test Cigarette in Comparison to the two Top-Selling Brands of Cigarettes^a

Chemical	Percent Reduction
TSNA	43-80 %
Volatile Carbonyls	30-49 %
Volatiles	14-55 %
Toxic trace metals	
Cadmium	69 %
Lead	79 %
Nickel	16 %
Other:	
Ammonia	79 %
Benzo(a)pyrene	Not statistically different
Carbon monoxide	19 %
Hydrogen cyanide	62 %
Nitric oxide	57 %

^aData from Test Cigarette Package, (FTC method)

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**URINARY METABOLITES TESTED
as BIOMARKERS of EXPOSURE**

NNAL for TSNA

Benzene metabolites for Volatiles

1-OH-Pyrene for PAH

Thiocyanate for Hydrogen cyanide

cotinine for Nicotine

Key Questions

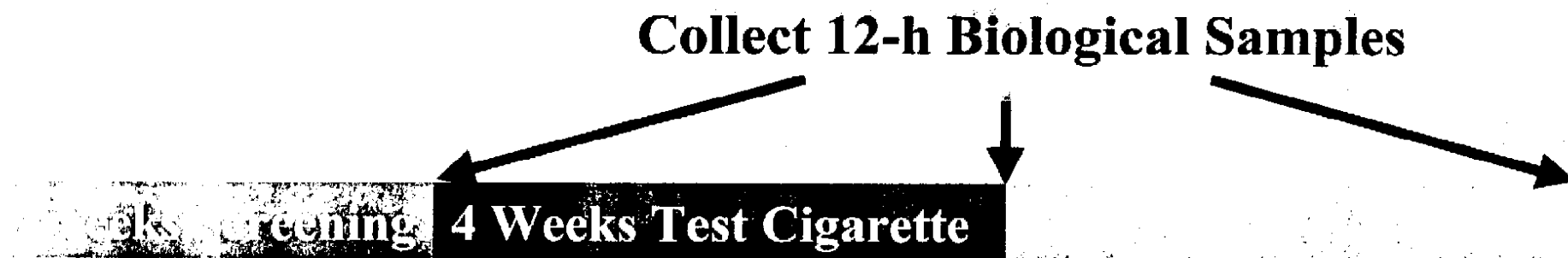
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- **Are the urinary metabolites of carcinogens (after 4 weeks exposure) efficient biomarkers?**

Study Subjects

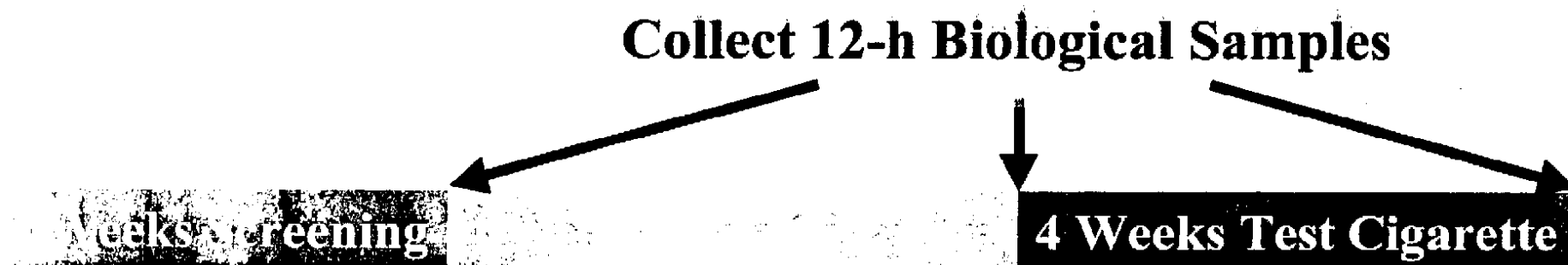
- **Number of Subjects:** Healthy 20 men, 13 women.
- **Age:** 21 to 55 years
- **Type and Number of Cigarettes Smoked:** Smoked ≥ 20 non-menthol cigarettes per day with 0.8-1.0 mg nicotine/cigarette (FTC method). Agree to not use cigarette brands other than those offered
- **Addiction:** Fagerström score was ≥ 6
- **Dietary restriction:** Subjects were asked to avoid eating charcoal-broiled, smoked or grilled foods and preserved meats to minimize uptake of nitrosamines and polycyclic aromatic hydrocarbons (PAHs) from these sources

Study Design

Group A (10 men, 7 women)

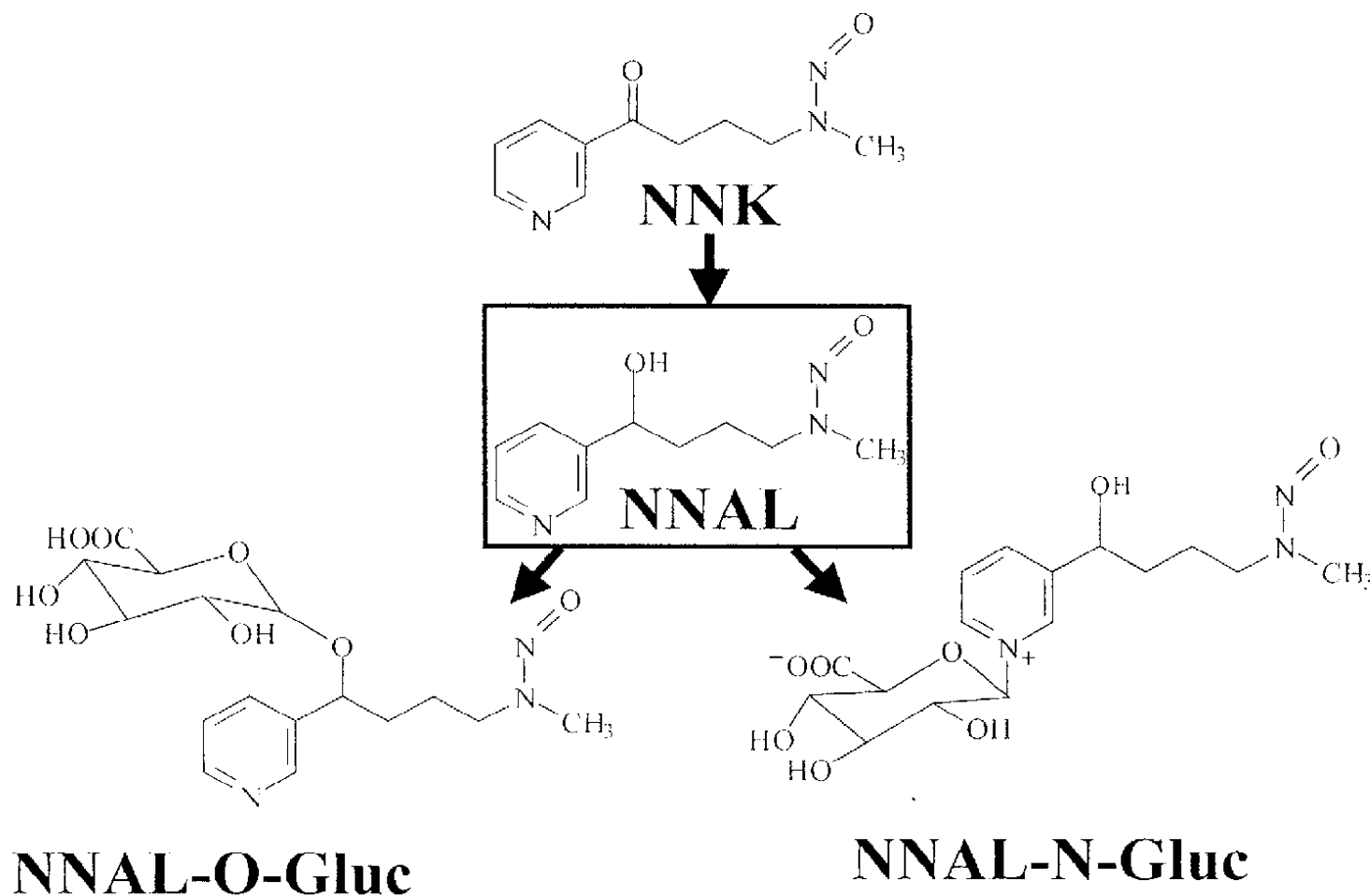


Group B (10 men, 6 women)



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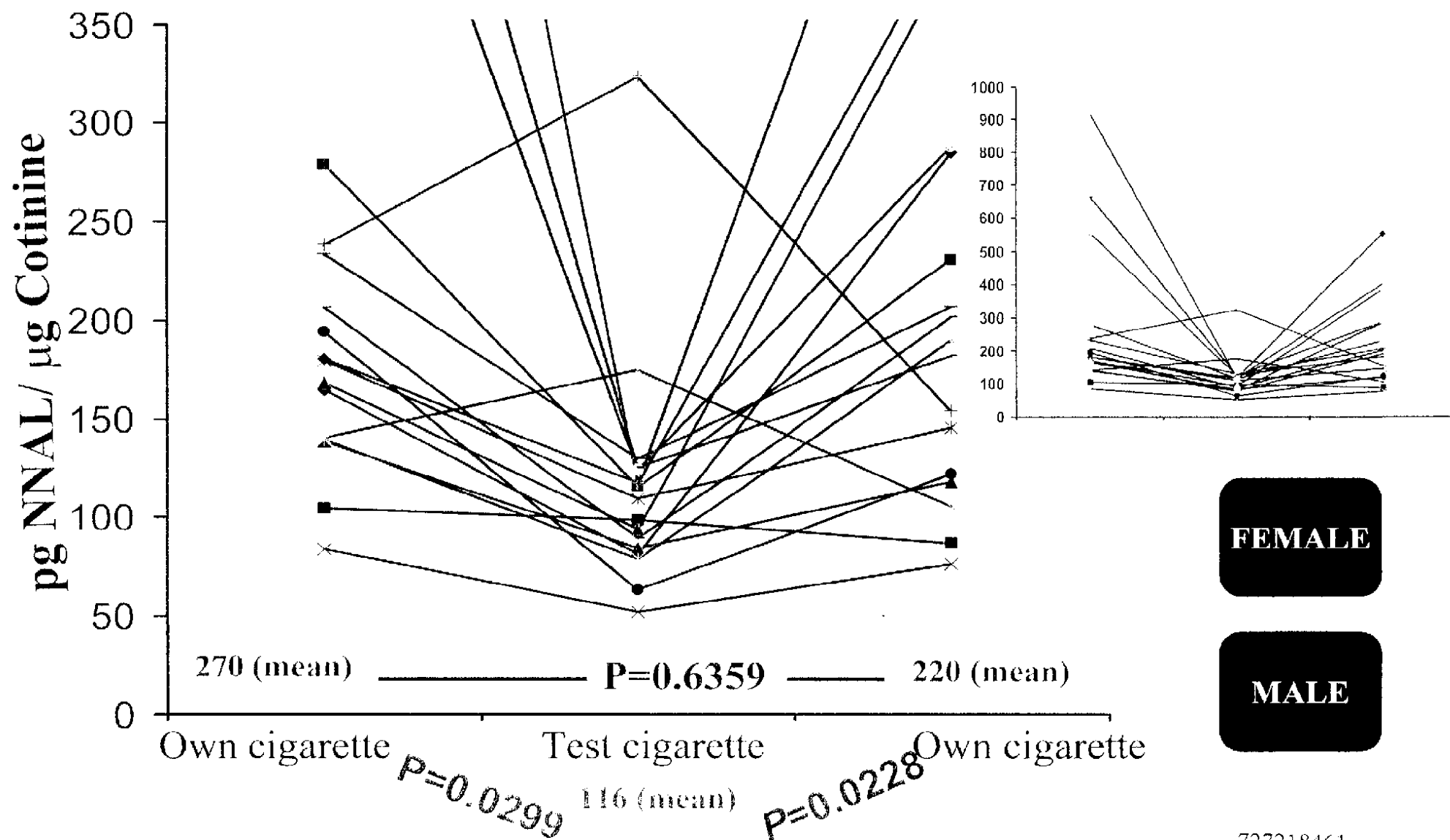
Metabolic Activation and Detoxification of NNK



Method of Analysis: GC-TEA

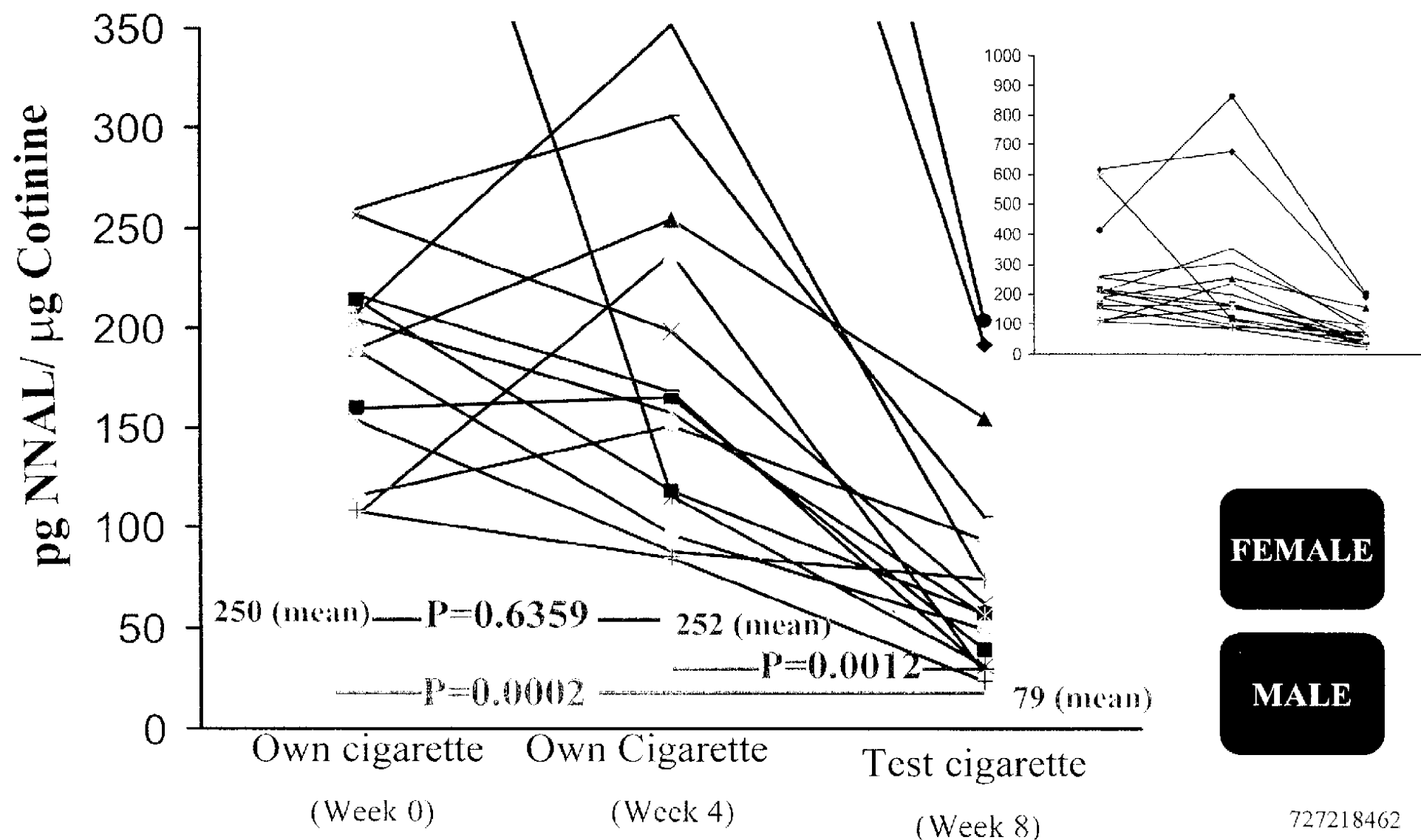
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Levels of Urinary NNAL in Group A

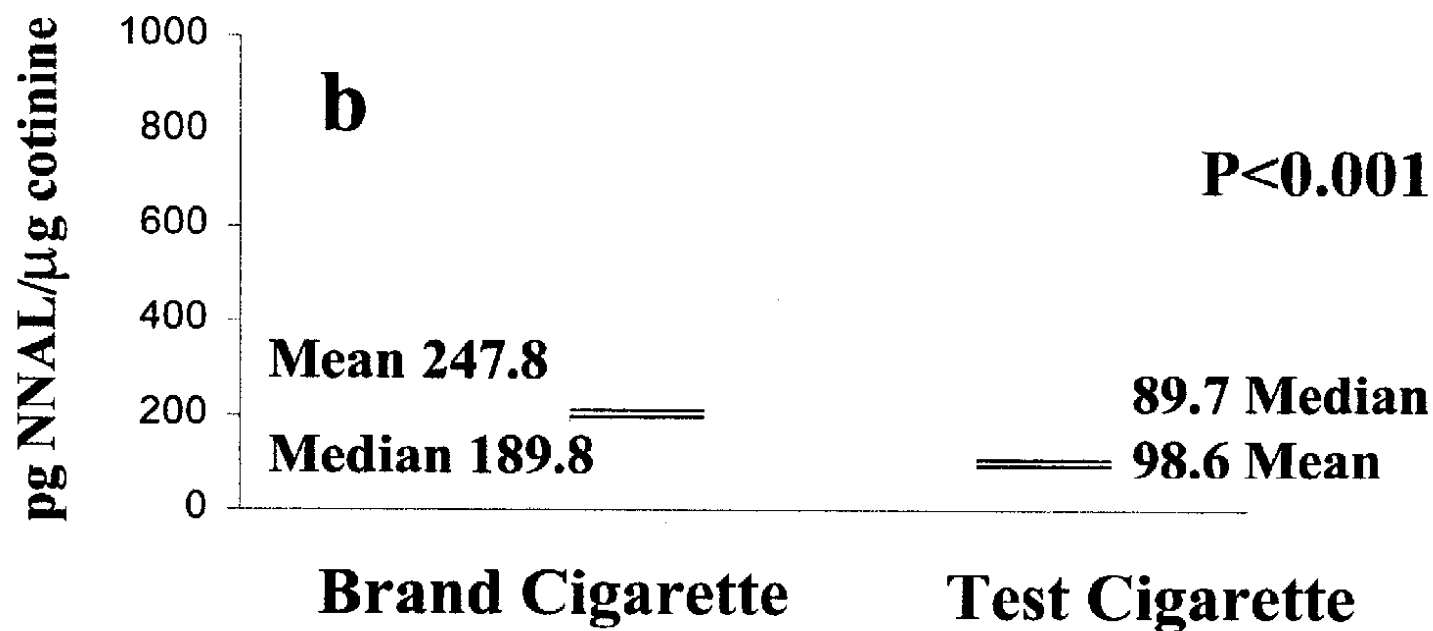
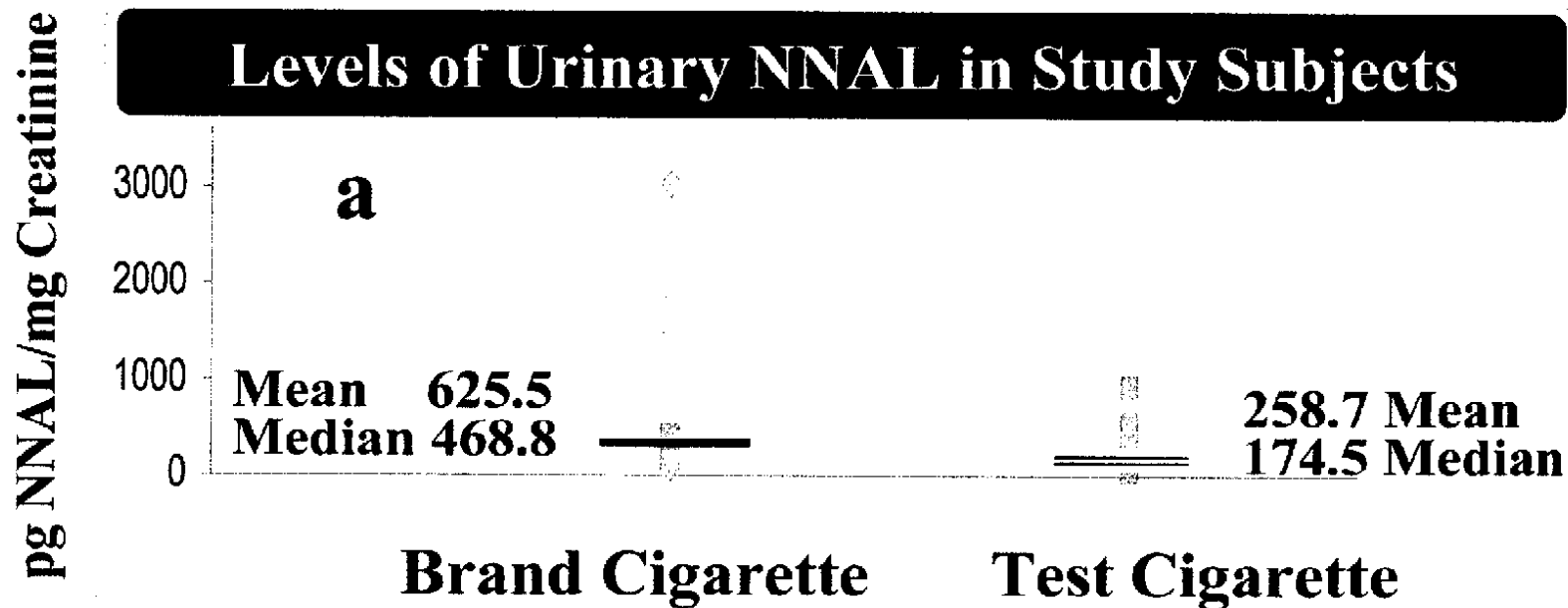


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Levels of Urinary NNAL in Group B



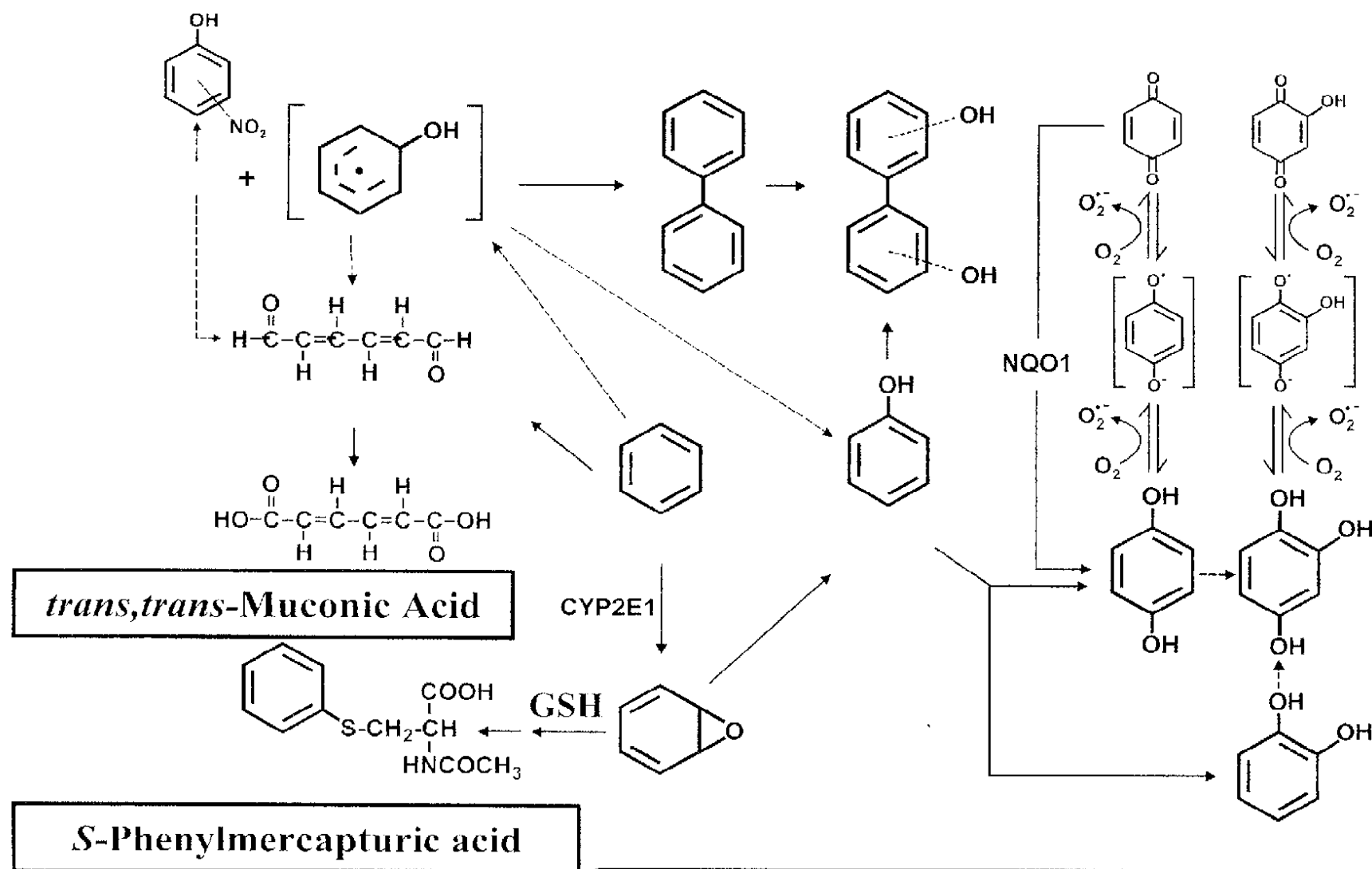
Levels of Urinary NNAL in Study Subjects



a: Adjusted for Urinary creatinine

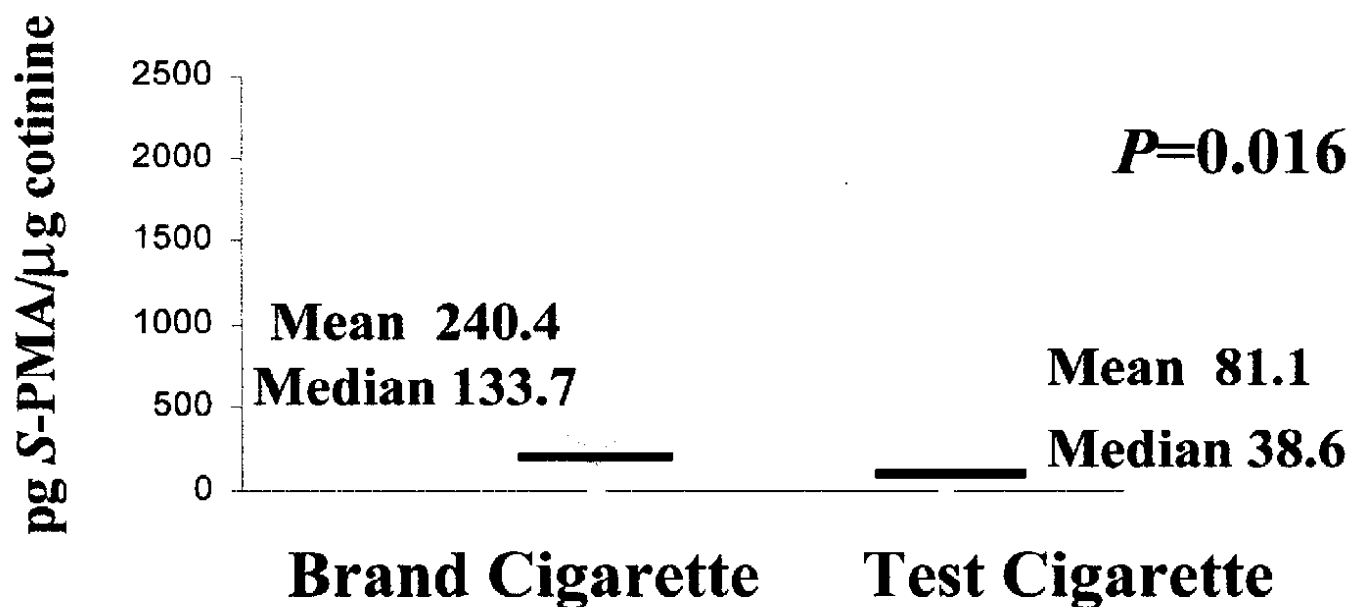
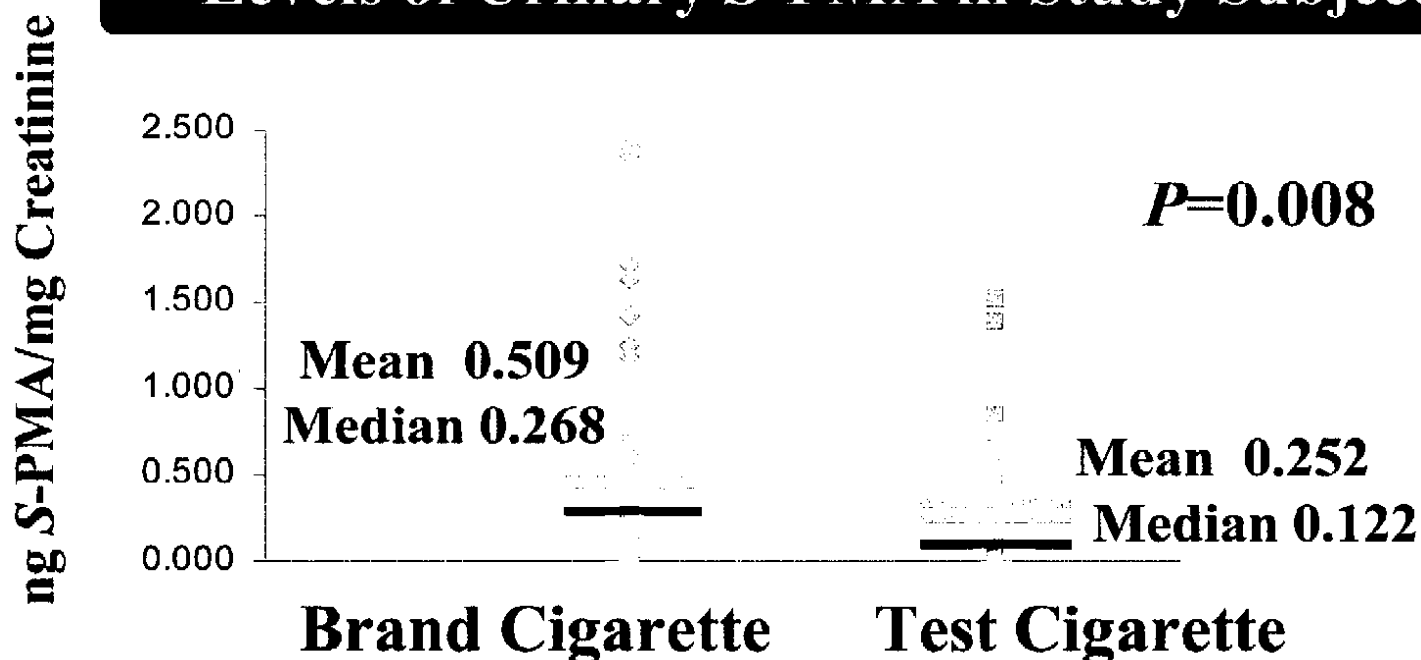
b: Adjusted for creatinine and cotinine

Metabolic Activation Pathways of Benzene



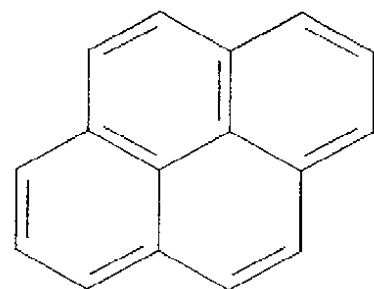
Method of Analysis: LC-MS/MS

Levels of Urinary S-PMA in Study Subjects

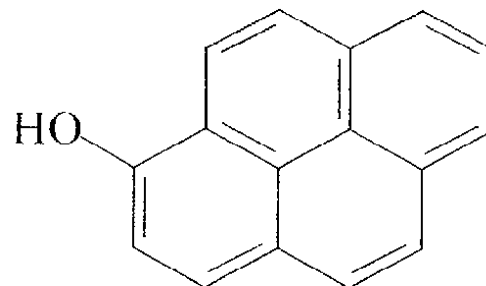


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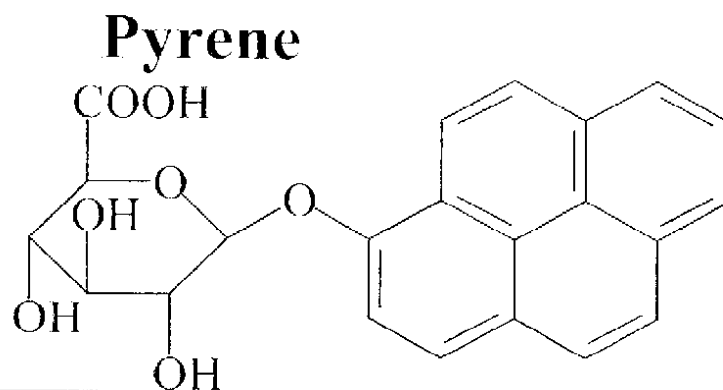
Metabolic Activation and Detoxification of Pyrene



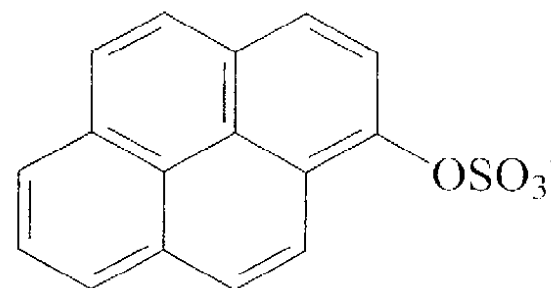
CYP 450



1-Hydroxypyrene (1-OH-P)



**1-Pyrenyl- β -glucopyranosiduronic acid
(1-OH-P-Gluc) excreted in urine**



Pyrene-1-Sulfate (1-OH-P-Sul) excreted in urine

Method of Analysis: HPLC-Fluorescence Detection

Comparison of Means of Urinary Metabolites

	NNAL	S-PMA	<i>t,t</i> -MA	1-OH-P	Thiocyanate	Cotinine
Own Cigarette^a	625.5^c	0.509^c	427.7	0.477^c	0.315	2679
<i>n</i> =66	(ng/g)	(μg/g)	(μg/g)	(μg/g)	(μM/mg)	(μg/g)
Test Cigarette^a	258.7^c	0.252^c	311	0.377^c	0.276	2939
<i>n</i> =33	(ng/g)	(μg/g)	(μg/g)	(μg/g)	(μM/mg)	(μg/g)
Own Cigarette^b	247.8^c	240.4^c	225.7	0.229^c	0.143	
<i>n</i> =66	(pg/μg)	(pg/μg)	(ng/μg)	(ng/μg)	(μM/μg)	
Test Cigarette^b	98.6^c	81.1^c	181.1	0.139^c	0.114	
<i>n</i> =33	(pg/μg)	(pg/μg)	(ng/μg)	(ng/μg)	(μM/μg)	

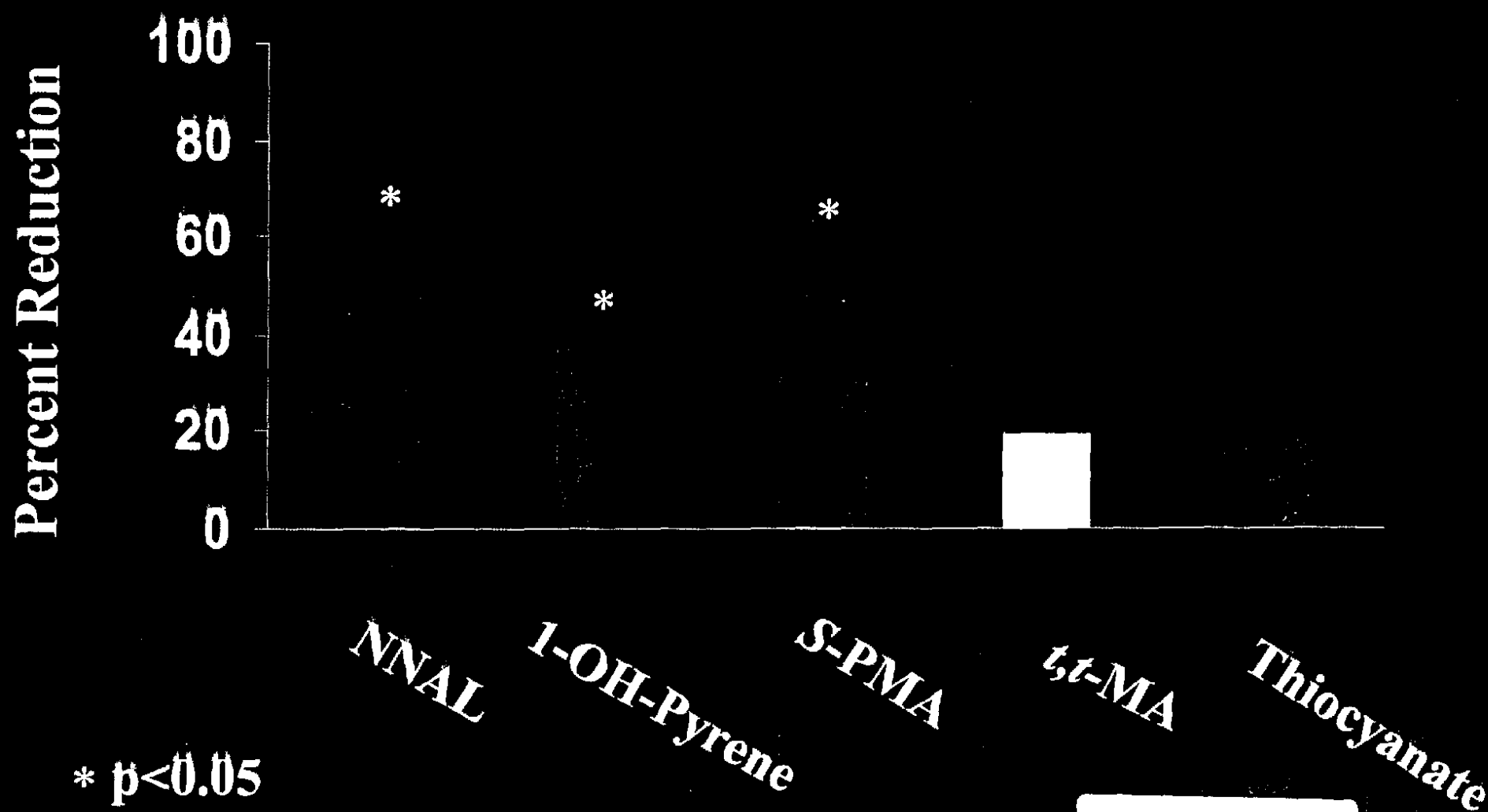
a) Adjusted for urinary creatinine

b) Adjusted for creatinine and cotinine

c) $p < 0.05$

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Percent Reduction of Urinary Metabolites After Four Weeks of Smoking Test Cigarette



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Summary

Levels of urinary metabolites are reduced after four weeks of switching to test cigarettes:

(Biological sample)		(Cigarette Smoke)
● NNAL	↓60%	(NNK ↓ 80% in cigarette)
● 1-hydroxypyrene	↓40 %	(pyrene ↓?)
● S-PMA	↓ 52%	(benzene ↓ 38%)
● <i>t,t</i>-MA	↓20%	(benzene ↓ 38%)
● thiocyanate	↓20%	(hydrogen cyanide ↓ 62%)

The larger reduction for all analytes was observed for the smokers in group B who switched from their usual cigarette to the test cigarette after 4 weeks. NNAL was reduced by 70%, 1-OH-P by 55%, S-PMA 73%, *t,t*-MA 64% and thiocyanate by 40%.

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Acknowledgments: Supported by Star Scientific, Inc.

- Conclusions:**
- **New Test Cigarette decreased significantly uptake and metabolism of TSNA, BENZEN, and PAH and did not increase HCN metabolism in smokers.**
 - **Urinary metabolites (after 4 weeks of smoking test cigarettes) are efficient biomarkers for exposure.**

Urinary Metabolite of Analytes Quantified in Smokers

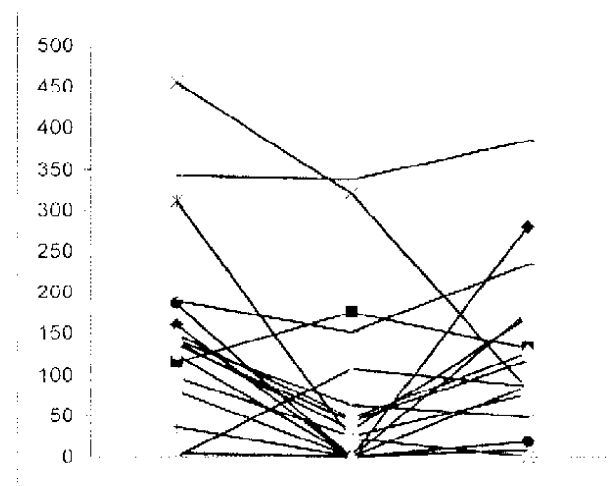
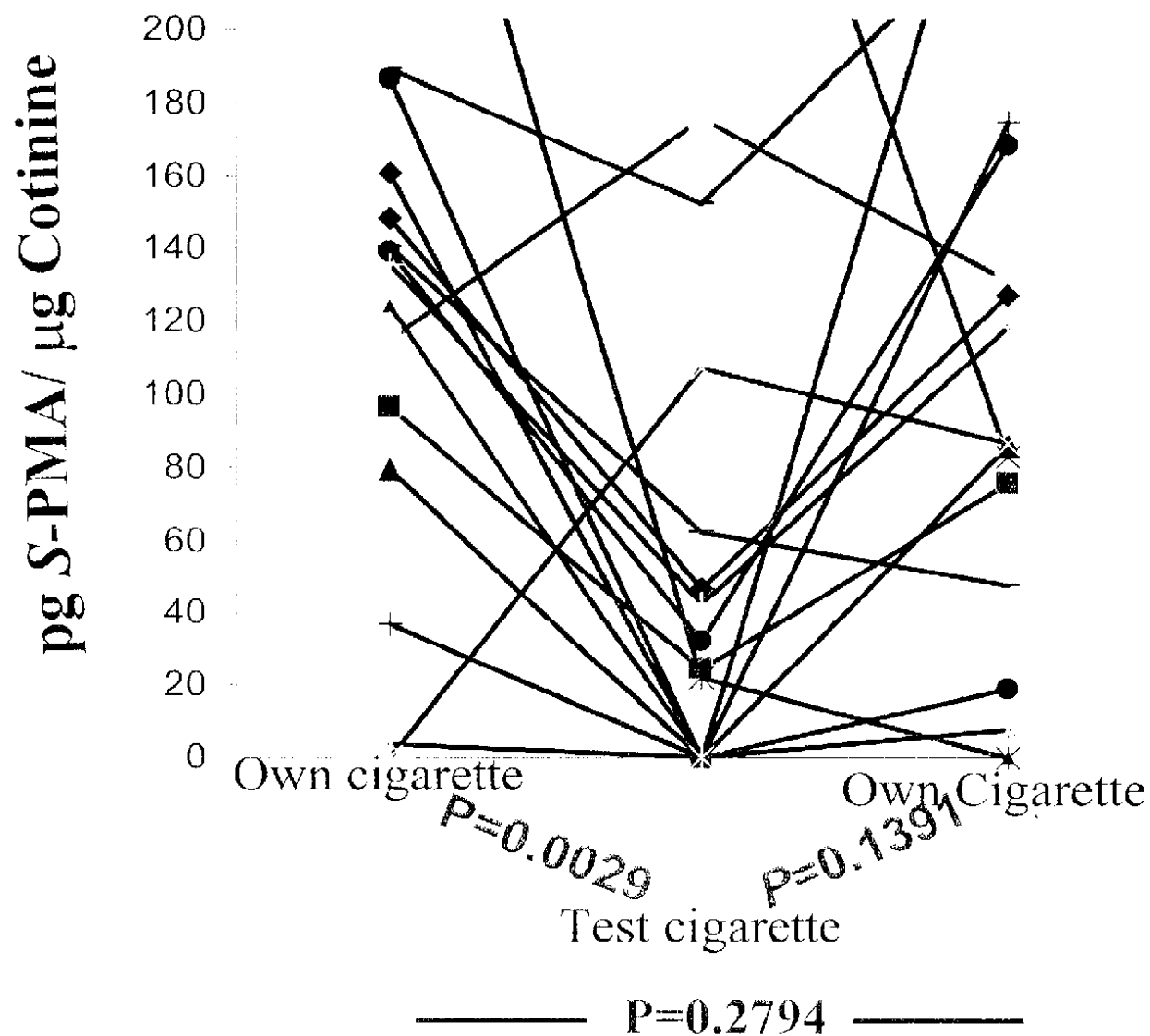
Estimated Toxic Smoke Constituents	Top 2 selling Brand Cigarettes	Test Cigarette ^a	% Change
TSNA (ng/cig): NNK*	95	19	80% ↓
Volatiles: (μg/cig) Benzene*	38.6	24.1	38% ↓
Other : Pyrene for PAHs			
Benzo(a)pyrene* (ng/cig)	6.6	6.7	NSD
Hydrogen Cyanide (μg/cig)	83.2	31.6	62% ↓

^aData from Test Cigarette Package

*Considered Carcinogenic by IARC

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Levels of Urinary *S*-PMA in Group A

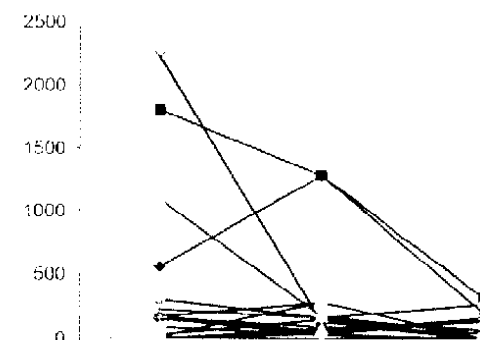
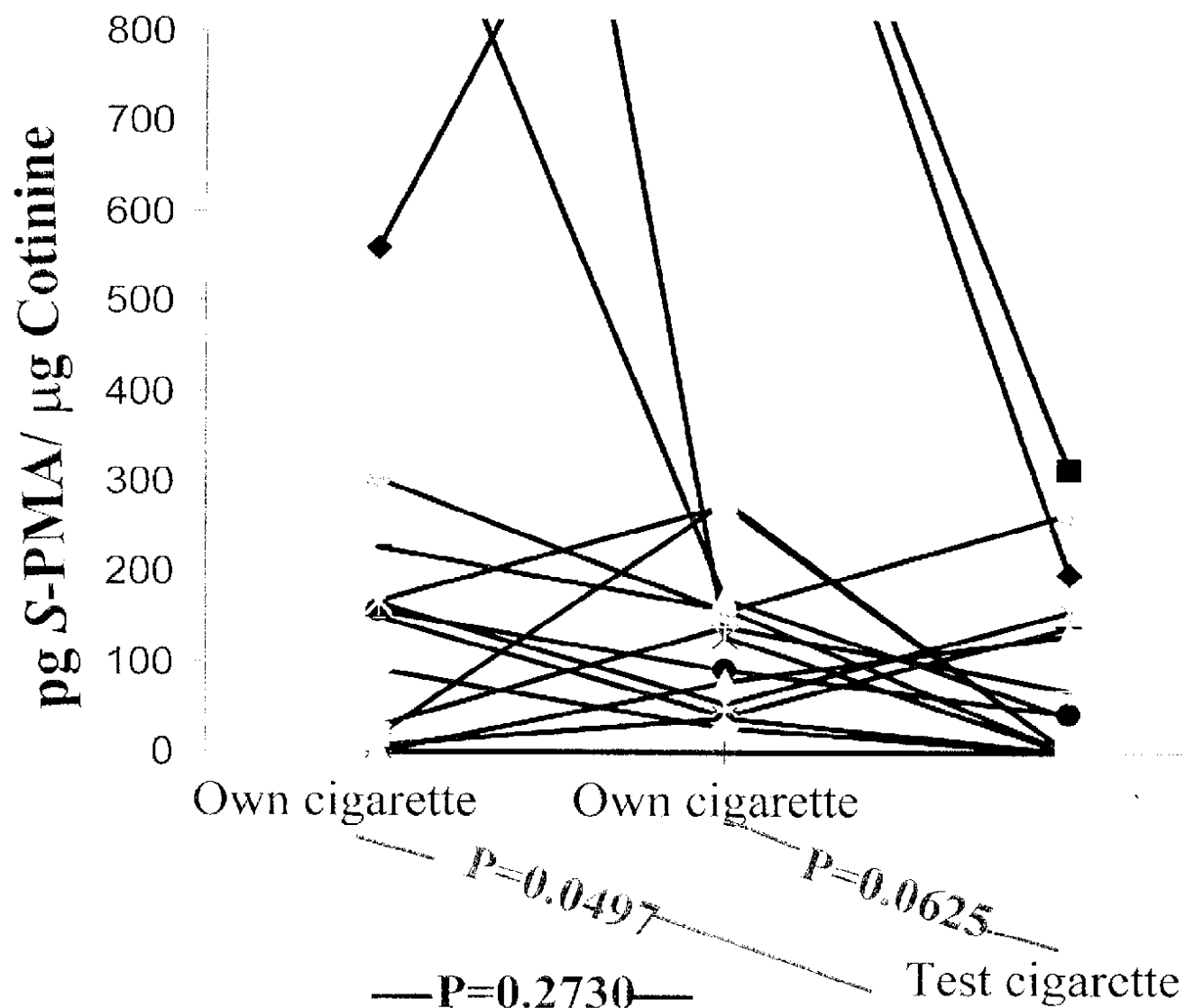


FEMALE

MALE

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Levels of Urinary S-PMA in Group B

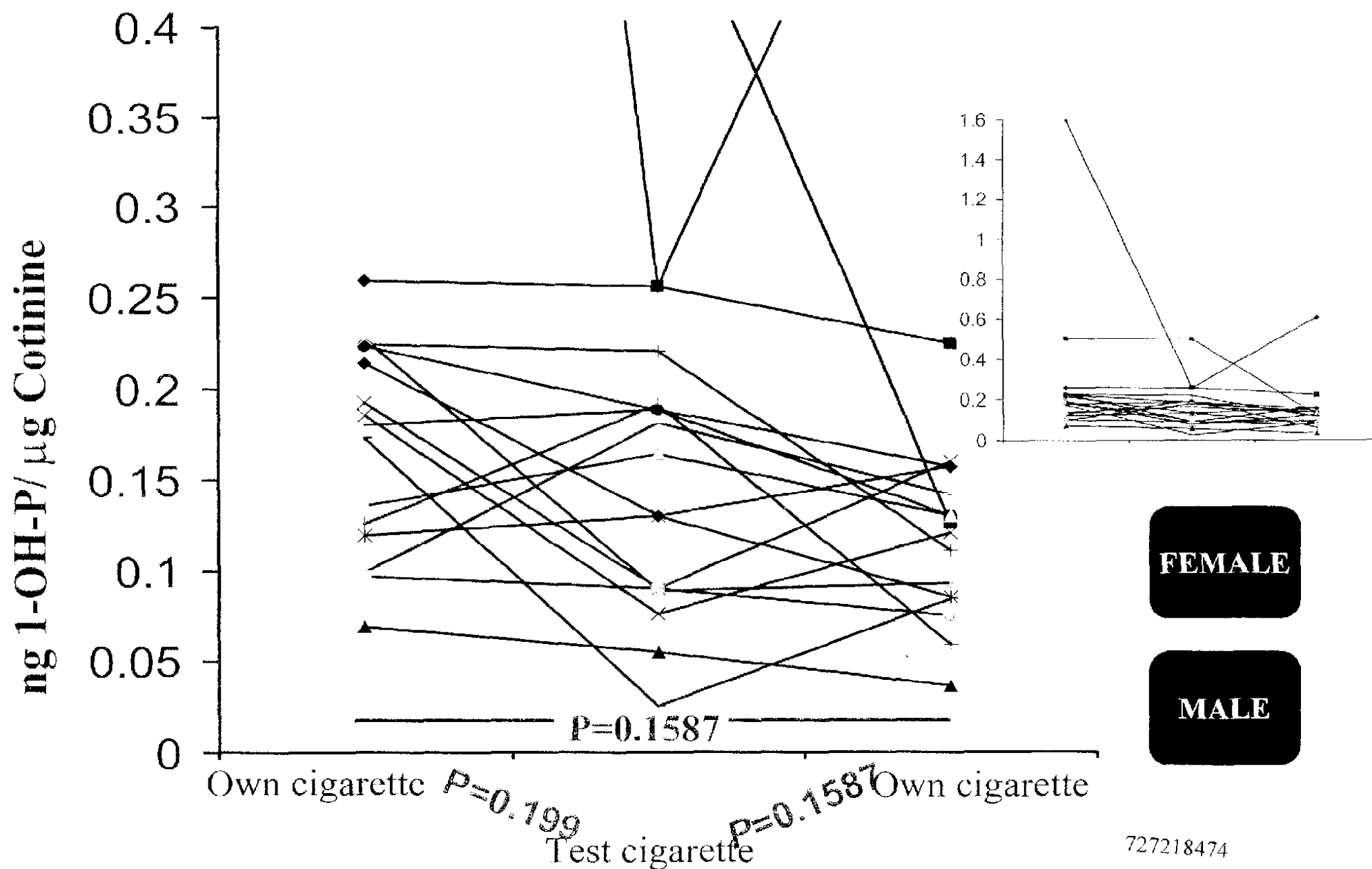


FEMALE

MALE

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Levels of Urinary 1-Hydroxy-Pyrene in Group A



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Levels of Urinary 1-Hydroxy-Pyrene in Group B

